## THE CHRISTIAN ATHLETE'S CREED

I am a Christian first and last.
I am created in the likeness of
God Almighty to bring Him glory.
I am a member of Team Jesus Christ.
I wear the colors of the cross.

I am a team player now and forever.

I am made to strive, to strain,
to stretch and to succeed in athletics.

I am a Christian athlete
and as such, I face my opponent
with the face of Christ.

I do not trust in myself.
I do not boast in my abilities or believe in my own strength.
I rely solely on the power of God.
I play for the pleasure of
My heavenly Father, the honor of Christ and the reputation of the Holy Spirit.

My attitude on and off the field is above reproach – my conduct beyond criticism. Whether I am preparing, practicing or playing; I submit to God's authority and those He has put over me. I respect my coaches, officials, teammates and opponents out of respect for the Lord.

My body is the temple of Jesus Christ.

I protect it from within and without.

Nothing enters my body that
does not honor the Living God.

My sweat is an offering to my Master.

My soreness is a sacrifice to my Savior.

I give my all – all of the time.
I do not give up. I do not give in.
I do not give out. I am the Lord's warrior –
a team player by conviction
and a disciple of determination.
I am confident beyond reason
because my confidence lies in Christ.
The result of my efforts
must result in His glory.

LET THE GAMES BEGIN. LET THE GLORY BE GOD'S.